

Size effects in the exchange coupling between two electrons confined in quantum wire quantum dots

L.-X. Zhang, D. V. Melnikov, S. Agarwal, and J.-P. Leburton

Beckman Institute for Advanced Science and Technology and Department of Electrical and Computer Engineering, University of Illinois at Urbana-Champaign, Urbana, Illinois 61801, USA

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We theoretically investigate the properties of a two-electron system confined in the three-dimensional potential of coupled quantum dots formed in a quantum wire. For this purpose, we implement a variational Heitler-London method that minimizes the system energies with respect to variational parameters in electron trial wave functions. We find that tunnel and exchange couplings rapidly decay with increasing interdot distance and interdot barrier height. In the quasi-one-dimensional limit achieved by reducing the wire diameter, we find that the overlap between the dots decreases, which results in a drop in the exchange coupling. We also discuss the validity of our variational Heitler-London method with respect to the model potential parameters; we find good agreement between our results and available experimental data.

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I. INTRODUCTION

Very recently, the advance in nanoelectronic fabrication techniques has enabled artificially forming coupled quantum dots (QDs) with controlling gate grid adjacent to an InAs quantum wire (QW).¹ In these device structures, electrons are laterally confined (i.e., perpendicular to the axial direction of the wire) by the wire external surfaces (wire diameters are tens or even a few nanometers)² and longitudinally confined in the wire axial direction by the electrostatic potential barriers created by the local controlling gates. The local gate width and separation range from ~ 10 to ~ 100 nm, which results in small effective dot sizes and interdot separations, so that size quantization effects and exchange coupling between the QDs are expected to be significantly larger than that in the two-dimensional electron gas (2DEG)-based semiconductor QDs.³ In quantum wire quantum dot (QWQD) systems, the distance between the controlling gates and the QD region (~ 25 nm) (Ref. 1) is smaller than that in 2DEG-based QDs (~ 100 nm),⁴ leading to better electrostatic control of the charge (spin) states in the QDs. Furthermore, QWQD structures offer linear scalability (i.e., with the linear grid of the controlling gates) instead of the 2D scalability resulting from top or side gate patterning in 2DEG-based QDs.¹

In laterally coupled 2DEG-based QDs, electron coupling occurs between the two QDs in the same plane as the 2DEG, and carrier confinement is much stronger in the perpendicular direction.⁴⁻⁶ In vertically coupled 2DEG-based QDs, carrier confinement is weaker in the 2DEG plane than that in the coupling (vertical) direction (see, e.g., Refs. 7 and 8 and references therein). The electron confinement and coupling defined in the fabrication processes of coupled QWQDs considerably deviate from those achieved in the 2DEG-based coupled QDs: The electrons are strongly confined in the plane perpendicular to the axial direction of the wire because of the small wire diameter, while quantum-mechanical coupling is achieved between two quantum wells with relatively weaker confinement because of the controlling gate spacing and biases.

While a wealth of literature has been dedicated to the theoretical study of 2DEG-based coupled QDs,⁹⁻¹⁷ less attention is paid to the QWQD systems. Among all investigated approaches, the Heitler-London (HL) technique is relatively simple in its conceptual methodology for extracting the exchange coupling between coupled QDs.^{9,10} Its validity has been discussed for systems of various dimensions,^{18,19} and efforts have been pursued to improve the energy calculation by integrating variational parameters in the HL method.^{20,21}

In this paper, we compute the electronic structure of coupled QWQDs containing two electrons with a variational Heitler-London (VHL) method. We first construct a three-dimensional (3D) model confinement potential for the QWQDs and introduce three variational parameters in the HL wave functions that account for the specific 3D confinement profile. We then numerically minimize the QWQD energies with respect to these parameters and obtain the quantum-mechanical and exchange couplings between the two electrons, as well as the addition energy of the second electron in the dot. In our analysis, special emphasis is placed on the geometric effects in the coupled QWQDs. We discuss the limitations of our VHL method but indicate its improvement over the conventional HL method. We finally compare our results with the available experimental data.

II. MODEL AND METHOD

Figure 1(a) shows a schematic of coupled QDs D1 and D2 formed in a single quantum wire: gates G1 and G5 define the outer barriers of the QDs, G3 controls the interdot coupling, and G2 and G4 are used as plunger gates for fine tuning of the potential in each QD. The charging current flows from source to drain along the wire. The material under consideration is InAs, for which we use the electron effective mass $m=0.023m_0$ (Ref. 22) and dielectric constant $\epsilon=14.6$. Hence, the effective Bohr radius $r_0=\hbar^2\epsilon/me^2=33.6$ nm and the effective Rydberg constant $Ry=me^4/2\epsilon^2\hbar^2=1.468$ meV. We assume a parabolic confinement potential in the xy plane $V(\boldsymbol{\rho})=m\Omega_{\rho}^2\boldsymbol{\rho}^2/2$, wherein we take $\Omega_{\rho}=\hbar/m(D/2)^2$, and D is the nominal value of the wire diameter. In the z direction

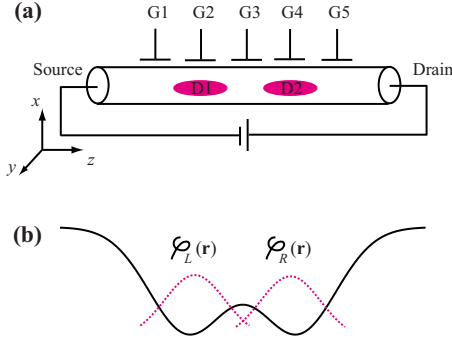


FIG. 1. (Color online) (a) Schematic of coupled QDs D1 and D2 formed in a quantum wire. Gates G1 and G5 define the outer barriers of the two QDs; G3 controls the interdot coupling; G2 and G4 are plungers tuning the confinement in each QD. Charging current flows along the wire from source to drain. (b) Schematic of the confinement potential of the coupled QDs along the z (wire axial) direction. $\varphi_L(\mathbf{r})$ and $\varphi_R(\mathbf{r})$ denote the localized s states in the left and right QDs, respectively.

(along which the QDs are coupled), the confinement potential is modeled by a linear combination of three Gaussians:

$$V(z) = -V_0 \left\{ \exp\left[-\frac{(z-d)^2}{l_z^2}\right] + \exp\left[-\frac{(z+d)^2}{l_z^2}\right] \right\} + V_b \exp\left(-\frac{z^2}{l_{bz}^2}\right), \quad (1)$$

where V_0 gives the depth of two Gaussian wells describing the confinement of the two individual QDs (we fix $V_0 = 20$ meV), V_b controls the barrier height between the two wells ($V_b = 0$ except specified otherwise), l_z is the radius of each QD, $2d$ is the nominal separation between the two QDs, and l_{bz} denotes the radius of the central barrier. A schematic of $V(z)$ is shown in Fig. 1(b) by the solid line. The two electrons in the coupled QDs are described by the following Hamiltonian:

$$\hat{H} = \hat{H}_{\text{orb}} + \hat{H}_Z, \quad (2)$$

$$\hat{H}_{\text{orb}} = \hat{h}_1 + \hat{h}_2 + \frac{e^2}{\epsilon|\mathbf{r}_1 - \mathbf{r}_2|}, \quad (3)$$

$$\hat{h}_i = \frac{1}{2m} \left(\mathbf{p}_{\rho_i} + \frac{e}{c} \mathbf{A}_i \right)^2 + V(\rho_i) + \frac{1}{2m} \mathbf{p}_{z_i}^2 + V(z_i), \quad (4)$$

$$\hat{H}_Z = g\mu_B \sum_i \mathbf{B} \cdot \mathbf{S}_i. \quad (5)$$

Note that we separate the motion of the electron in the xy plane and in the z direction in the single-particle Hamiltonian \hat{h}_i . In this work, we consider only magnetic fields applied in the z direction for which $\mathbf{A} = (-yB\hat{x} + xB\hat{y})/2$. Such a magnetic field effectively enhances the confinement of the in-plane (xy plane) ground state while preserving its cylindrical symmetry.

In order to obtain the system energies, we use the following trial wave functions:

$$\chi_{\pm}(\mathbf{r}) = \frac{\varphi_L(\mathbf{r}) \pm \varphi_R(\mathbf{r})}{\sqrt{2(1 \pm S)}}, \quad (6)$$

$$\Psi_{\pm}(\mathbf{r}_1, \mathbf{r}_2) = \frac{\varphi_L(\mathbf{r}_1)\varphi_R(\mathbf{r}_2) \pm \varphi_L(\mathbf{r}_2)\varphi_R(\mathbf{r}_1)}{\sqrt{2(1 \pm S^2)}}. \quad (7)$$

In the above, χ_+ , χ_- , Ψ_+ , and Ψ_- denote the single-particle ground and first excited states and two-electron singlet and triplet states, respectively. $S = \langle \varphi_L | \varphi_R \rangle$ is the overlap between s orbitals $\varphi_L(\mathbf{r})$ and $\varphi_R(\mathbf{r})$ localized in the left and right QDs, respectively, and their specific expressions are

$$\varphi_{L/R}(\mathbf{r}) = \left(\frac{m\omega_{\rho}}{\pi\hbar} \right)^{1/2} \exp\left[-\frac{m\omega_{\rho}}{2\hbar}(x^2 + y^2)\right] \left(\frac{m\omega_z}{\pi\hbar} \right)^{1/4} \times \exp\left[-\frac{m\omega_z}{2\hbar}(z \pm a)^2\right]. \quad (8)$$

Figure 1(b) shows the schematic of $\varphi_L(\mathbf{r})$ and $\varphi_R(\mathbf{r})$ in the z direction as dashed lines on top of the potential. With the variational wave functions, we calculate the single-particle ground- and first-excited-state energies $e^{0/1} = \langle \chi_{\pm} | \hat{h} | \chi_{\pm} \rangle$ and the two-electron singlet- and triplet-state energies $E^{S/T} = \langle \Psi_{\pm} | \hat{H}_{\text{orb}} | \Psi_{\pm} \rangle$.

In our VHL approach, we use the effective in-plane confinement strength ω_{ρ} , z direction confinement strength ω_z , and effective half interdot separation a as variational parameters to minimize the system energies.²³ By fixing these variational parameters equal to their nominal values $\omega_{\rho} = \sqrt{\Omega_{\rho}^2 + \omega_c^2}$, with $\omega_c = eB/mc$; $\omega_z = \Omega_z = \sqrt{2V_0/m}l_z^2$; and $a = d$, we recover the results from the conventional HL method. We calculate the Coulomb energies in the singlet and triplet states by using

$$E_{\text{Coul}}^{S/T} = \langle \Psi_{\pm} | C | \Psi_{\pm} \rangle = \frac{1}{1 \pm S^2} (\langle \varphi_L \varphi_R | C | \varphi_L \varphi_R \rangle \pm \langle \varphi_L \varphi_R | C | \varphi_R \varphi_L \rangle), \quad (9)$$

where $C = e^2/\epsilon|\mathbf{r}_1 - \mathbf{r}_2|$, and we have used the notation

$$\langle \varphi_L \varphi_R | C | \varphi_L \varphi_R \rangle = \langle \varphi_L(\mathbf{r}_1) \varphi_R(\mathbf{r}_2) | C | \varphi_L(\mathbf{r}_1) \varphi_R(\mathbf{r}_2) \rangle, \quad (10)$$

$$\langle \varphi_L \varphi_R | C | \varphi_R \varphi_L \rangle = \langle \varphi_L(\mathbf{r}_1) \varphi_R(\mathbf{r}_2) | C | \varphi_R(\mathbf{r}_1) \varphi_L(\mathbf{r}_2) \rangle. \quad (11)$$

Using both the HL and the VHL methods, we calculate the tunnel coupling $2t = e^1 - e^0$ and the exchange coupling $J = E^T - E^S$. From the two-electron wave functions, we compute the electron density as $[\varphi_{L/R}(\mathbf{r})$ are real]

$$\rho^{S/T}(\mathbf{r}_1) = 2 \int |\Psi_{\pm}(\mathbf{r}_1, \mathbf{r}_2)|^2 d\mathbf{r}_2 = \frac{1}{1 \pm S^2} [\varphi_L^2(\mathbf{r}_1) + \varphi_R^2(\mathbf{r}_1) \pm 2S\varphi_L(\mathbf{r}_1)\varphi_R(\mathbf{r}_1)]. \quad (12)$$

III. RESULTS

In Fig. 2, we plot (a) the single-particle ground-state energy e^0 and (b) single-particle first-excited-state energy e^1 . The solid and dashed lines show the results obtained from

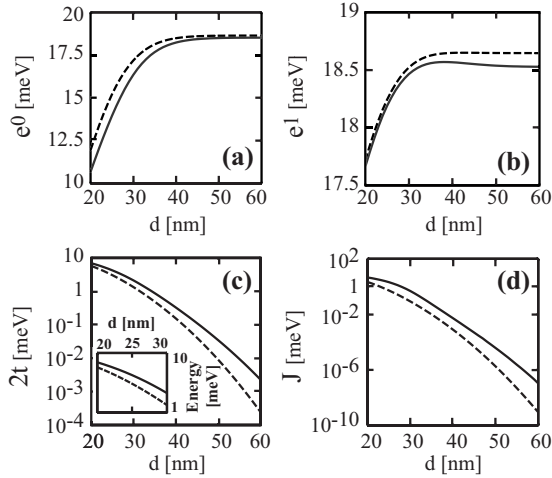


FIG. 2. (a) Single-particle ground-state energy, (b) single-particle first-excited-state energy, (c) tunnel coupling $2t$, and (d) exchange interaction as a function of the half interdot separation d for $l_z=30$ nm and $D=20$ nm. The inset in (c) shows $2t$ in the zoom-in region $20 < d < 30$ nm. On each panel, the solid (dashed) line shows the VHL (HL) result.

the VHL and HL methods, respectively, from which we see that the VHL method indeed gives lower system energies than the HL method. We note that the single-particle energies are positive simply because of the large energy contribution from the in-plane confinement: for $D=20$ nm, $\hbar\omega_\rho \approx 33$ meV and is changed by less than 1% by varying d . For $l_z=30$ nm and $d=20$ nm, the two Gaussian wells in Eq. (1) are strongly coupled. As a result, the z -direction potential has a single minimum at $z=0$, corresponding to a single QD. As d increases, a potential barrier between the QDs starts to emerge (for $d > 21.2$ nm). Meanwhile, the potential minimum is raised, and the z confinement in each individual QD becomes stronger. The behavior of the single-particle energies is a result of these combined effects. For example, as d increases from 20 to 38 nm, both e^0 and e^1 sharply increase due to the large increase in the potential minimum [Figs. 2(a) and 2(b)]. For $38 < d < 60$ nm, e^0 still slowly increases, while e^1 starts to decrease. Our analysis based on the variational parameters shows competing effects of the kinetic and potential energies in this region: for e^0 , the kinetic-energy increase dominates over a slight drop in the potential energy, whereas for e^1 , the potential-energy increase is offset by the drop in the kinetic energy. For very large d , both e^0 and e^1 approach a constant value (18.53 meV), which corresponds to the limit of two decoupled quantum wells. Similar analysis shows that the VHL method also yields lower energies for the two-electron energies and a monotonic decrease in the Coulomb energy in both singlet and triplet states.

In Figs. 2(c) and 2(d), we plot the tunnel coupling $2t$ and exchange coupling J as a function of d , respectively, both of which exhibit rapid decay with increasing d . In these figures, the solid (dashed) line corresponds to the VHL (HL) result. A decrease in J ($\sim 10^{-8}$) much larger than $2t$ ($\sim 10^{-4}$) as d increases from 20 to 60 nm agrees qualitatively with the Hubbard model $J \propto (2t)^2 / U_H$, assuming that the intradot Coulomb interaction U_H retains the same order of magnitude as d

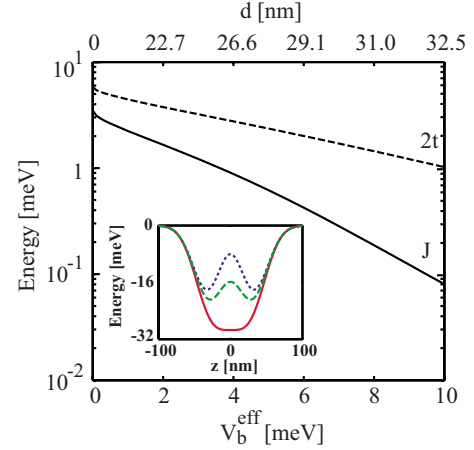


FIG. 3. (Color online) Main panel: Exchange coupling J (solid curve) and tunnel coupling $2t$ (dashed curve) as a function of the effective barrier height V_b^{eff} . Values of half interdot separation d corresponding to different V_b^{eff} values are shown on the upper horizontal scale. Inset: z -direction potential profile at V_b^{eff} values of 0 meV (red, solid), 5 meV (green, dashed curve), and 10 meV (blue, dotted curve). Corresponding V_b values are -14.71 , -1.16 , and 6.65 meV, respectively. The values of other parameters are $D=20$ nm, $d=l_z=30$ nm, and $l_{bz}=30$ nm.

varies. Figures 2(c) and 2(d) show a large difference between the tunnel and exchange couplings obtained by using the HL and VHL methods, from which we notice that the HL method substantially *underestimates* the coupling between the two electrons,^{19,24} especially for large interdot separations. For example, at $d=60$ nm, the VHL result of $2t$ (J) is ~ 10 (~ 100) times of the HL result.

The inset of Fig. 3 indicates that both the effective barrier height V_b^{eff} (i.e., the energy difference between the minima of the potential and its value at $z=0$) and the distance between the two QDs (i.e., the distance between the two minima of the potential) become larger as V_b is increased. Consequently, both $2t$ and J exhibit rapid decay¹⁰ with increasing V_b^{eff} as shown in the main panel of Fig. 3, similar to the rapid drop in these two quantities with increasing QD separation $2d$ [cf. Figs. 2(c) and 2(d)]. Again, we observe that J decays at a much faster rate than $2t$ does. In experimental QWQD devices, the effective barrier height between the two QDs can be tuned by varying the central gate bias,¹ and our analysis shows that the magnitude of the exchange coupling can be controlled by proper biasing the central gate as in 2DEG-based coupled QDs.¹⁰

In Fig. 4, we plot the exchange energy as a function of the wire diameter (normalized to its value at $D=1$ nm) for different $d=l_z$. Here, we set $d=l_z$, noting that in experiments coupled QWQDs are defined on top of a linear gate grid with a particular periodicity,¹ which indicates that the effective QD size and interdot separation are approximately the same. At fixed $d=l_z$, as D is decreased from 80 nm, J decreases, and the decreasing rate becomes larger as D approaches 1 nm, which is the quasi-one-dimensional (1D) limit. The faster dropping rate of J near $D=1$ nm is due to $\Omega_\rho \propto 1/D^2$, and the influence of the variation of Ω_ρ on J becomes stronger at smaller D (through the Coulomb interaction). Here, we

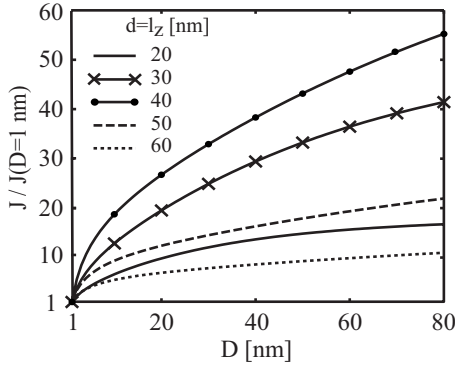


FIG. 4. J as a function of D for different $d=l_z$ values shown in the figure. The J value on each curve is normalized to its value at $D=1$ nm. For $(d=l_z)=20, 30, 40, 50,$ and 60 nm, $J(D=1 \text{ nm})=2.33 \times 10^{-1}, 2.47 \times 10^{-2}, 3.53 \times 10^{-3}, 1.37 \times 10^{-3},$ and 4.81×10^{-4} meV, respectively.

note that, although the general trend of J is to decrease as D is made smaller, the decreasing rates are much larger for intermediate $d=l_z$ values than for small or large values.

These effects of the wire diameter variation on the exchange coupling are rather unexpected as they show that J depends on the wire confinement perpendicular to the coupling direction. In fact, we find that the D variation not only changes ω_ρ but also induces significant changes in ω_z and a , which minimize the singlet- and triplet-state energies. One can directly visualize such changes by inspecting the electron-density variation with respect to the wire diameter. In Fig. 5, we plot the electron density [Eq. (12)] for different D values ($d=l_z=30$ nm) in (a) the singlet and (b) triplet

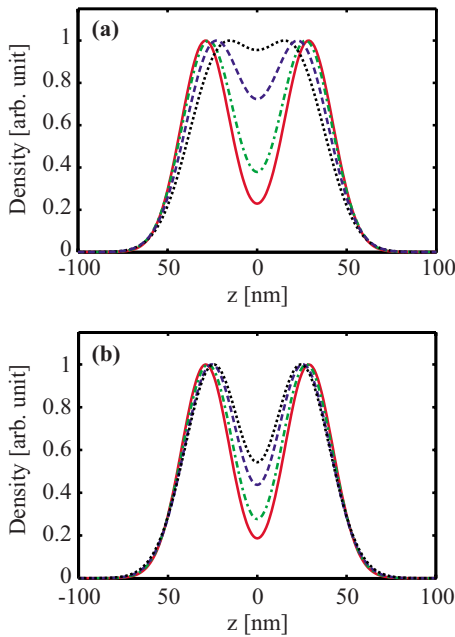


FIG. 5. (Color online) Electron-density plot in the z direction for (a) singlet and (b) triplet states at $d=l_z=30$ nm. In each figure, the density is plotted at $D=1$ nm (red, solid curve), $D=10$ nm (green, dashed-dotted curve), $D=40$ nm (blue, dashed curve) and $D=80$ nm (black, dotted curve). For each D , the density is normalized to its peak value.

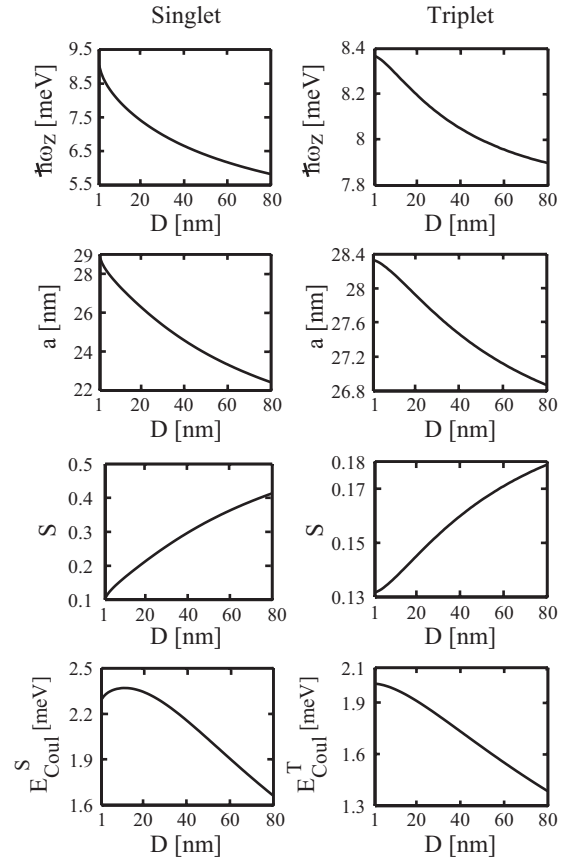


FIG. 6. Variational parameters ω_z (shown as $\hbar\omega_z$), half separation a , the overlap S , and the Coulomb energies as a function of D at $d=l_z=30$ nm. The left (right) panels are for the singlet (triplet) state.

states. For the singlet state, as D decreases, the separation between the two density peaks becomes larger, and the width of each peak becomes smaller. Consequently, the overlap between the two electrons is reduced. Similar effects are observed in the density of the triplet state to a less extent.

We now provide a physical argument upon the three-dimensional (3D) dimensionality effect on the two-electron behavior. One can imagine the interaction between the two electrons in separate QDs as a summation of the interaction between parallel charged disks. As the wire diameter decreases, if the z profile of the density were unchanged, then two disks belonging to different dots would have a stronger Coulomb interaction since more portions on the two disks interact at an effectively shorter distance. This enhanced Coulomb interaction will “push” the two electrons farther away in the coupling (z) direction. However, since the electrons are confined by the outer energy barriers, they can only become more localized in each dot with a larger separation.

The above argument is confirmed by the D dependence of ω_z and a shown in the top two rows in Fig. 6, where it is shown that both variational parameters increase as D is reduced and the relative increase is more significant in the singlet state than in the triplet state. As a consequence, the overlap $S=\langle \varphi_L | \varphi_R \rangle = \exp(-m\omega_z a^2/\hbar)$ between the localized s states decreases with decreasing D in both states, and the relative decrease is larger in the singlet state (Fig. 6, third

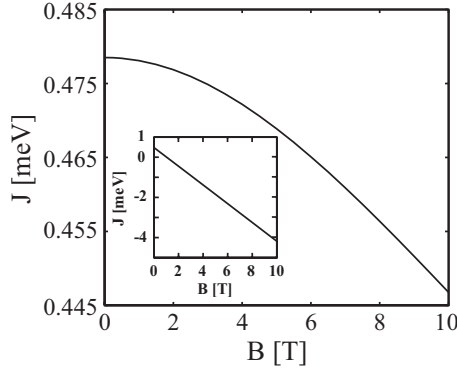


FIG. 7. Main panel: Exchange coupling as a function of the magnetic field applied along the wire without the Zeeman effect for $D=20$ nm, $d=l_z=30$ nm. Inset: Same as main panel but with Zeeman effect.

row). It is interesting to note that despite the reduced overlap, the Coulomb interaction (E_{Coul}) still becomes stronger with decreasing D (Fig. 6, bottom row) for both states. We also performed analysis for different $d=l_z$ and observed a similar behavior as shown in Figs. 5 and 6.

The in-plane electron confinement can also be enhanced by applying a magnetic field (B) along the wire without reducing the wire diameter. As with reducing D , J drops with increasing B as seen in the main panel of Fig. 7. The drop is nearly linear at large B , which is smaller than the drop rate when D approaches 1 nm [cf. Fig. 4(b)]. This is because the in-plane effective (variational) confinement strength $\omega_\rho \approx \sqrt{\Omega_\rho^2 + \omega_c^2}$ and $\omega_c \propto B$, while $\Omega_\rho \propto 1/D^2$. It should be pointed out that the relatively small J drop in Fig. 7 is obtained in the absence of the Zeeman effect, and it is well known that unlike the small g factor in GaAs ($g \approx -0.44$), InAs QWQD has a much larger g factor (2–15.5),² for which the Zeeman effect is dominant over the orbital effect in the J dependence on B . For example, the inset of Fig. 7 shows that for $g=8$,²⁵ the Zeeman effect totally smears out the orbital effect illustrated in the main panel of Fig. 7, which leads to a negative J for $B > 1.1$ T.

Because we model the confinement in the xy plane by a two-dimensional harmonic-oscillator potential, the single-particle levels in that plane are given by the Fock-Darwin spectrum, whereby the energy separation between the ground and first excited states decreases as B increases (in contrast, this separation increases with decreasing D). In our calculations in Fig. 7, we take $D=20$ nm and $d=l_z=30$ nm. At $B=10$ T, the separation is 16.44 meV, which is considerably larger than the sum of the single-particle energy separation in the z direction (2.11 meV) and the Coulomb energy in the triplet state (1.91 meV). This observation validates the assumptions of the HL method in which the wave functions are taken as linear combination of localized Gaussians separated in the z direction and only the ground state in the xy plane is taken into account.

Experimentally, the measurement of the addition energy is frequently performed to probe the energy levels of the QD.³ The addition energy of the N th electron is defined as $E^a(N) = \mu(N) - \mu(N-1)$, where $\mu(N)$ is the chemical potential of an N -electron QD. Within the VHL method, we are able to cal-

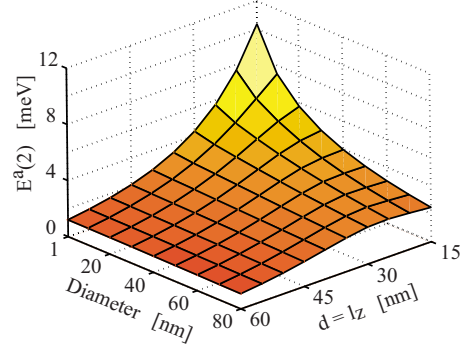


FIG. 8. (Color online) Addition energy of the second electron $E^a(2)$ as a function of wire diameter D and half interdot separation $d=l_z$.

culate the addition energy of the second electron as $E^a(2) = \mu(2) - \mu(1) = E^S - 2e^0$, where E^S and e^0 denote the singlet-state energy and the single-particle ground-state energy, respectively. We plot $E^a(2)$ as a function of the geometric parameters $d=l_z$ and D in Fig. 8. In general, as the QDs become larger in size (larger $d=l_z$ or D), the addition energy decreases, for both Coulomb interaction and size quantization effects are reduced. We find (not shown) that at fixed $d=l_z$ and D , the Coulomb energy between the two electrons are uniformly smaller than $E^a(2)$, which is due to the size quantization effects in the coupled QWQDs.

IV. DISCUSSION

A. Comparison with experiments

In recent experiments on InAs QWQDs, $J = 2.8$ – 3.2 meV was reported for a single QD formed in a wire with effective harmonic confinement strength $\hbar\Omega_z = 6.3$ meV (corresponding to confinement length $2\lambda_z = 2\sqrt{\hbar/m\Omega_z} = 46$ nm) and $\hbar\Omega_\rho = 40$ meV ($2\lambda_\rho = 2\sqrt{\hbar/m\Omega_\rho} = 18$ nm).³ By fitting these values in our model ($D=18$ nm, $V_0=41.6$ meV, $V_b=0$ meV, $d=0$ nm, and $l_z=117.9$ nm), we obtain $J=3.51$ meV, which is comparable to the experimental result.

We note that $J \sim 3$ meV as obtained above is the result for a single QD with potential minimum at $z=0$.²⁶ For double QDs with $D=20$ and $d=l_z=30$ nm, we obtain $J \sim 0.5$ meV (Fig. 7), which corresponds to a time scale ($\tau_j = \hbar/J$) ~ 1.3 ps, on the same order as the reported spin decoherence time $T_2 = 0.5$ – 1 ps in InAs QWQDs (Ref. 22) and much smaller than the reported spin dephasing time $T_2^* = 50$ – 500 ps in self-assembled InAs QDs.²⁷

B. Limitations of the model

As an inherent drawback of the HL method, our variational scheme breaks down when the overlap between the localized s states is large, which occurs for small interdot separations. For example, in our calculations of the system energies, the VHL method fails for $(d=l_z) < 12$ nm ($0.57r_0$) independent of D . A signature of the VHL approach breakdown at small d is that the variational parameter a becomes zero in the minimization process. This numerical behavior

stems from the fact that at small d , a global minimum in the system energies does not exist for the physical range of a , given the expression of the variational wave function. We note that this shortcoming in the HL method is not apparent in the conventional HL approach. As long as $(d=l_z) > 0$, one can still use the HL method (without variation) to calculate the system energies even though the obtained result is likely to be unphysical.

In Ref. 18, it was pointed out that the HL method breaks down as the quantity $c = \sqrt{\pi/2}(e^2/\epsilon a_B)/\hbar\omega_0$ ($a_B = \sqrt{\hbar/m\omega_0}$) is larger than 1.95, 2.8, and 5.8 for coupled QDs with harmonic-oscillator confinement $\hbar\omega_0$ in each direction for 1D, 2D, and 3D potential models, respectively (this is an extension of the result in Ref. 9). We investigate l_z from 15 to 60 nm, which corresponds to c ranging from 0.44 to 0.87 and is uniformly smaller than the smallest breakdown value $c = 1.95$. However, as a check of this criterion, we extend our calculation to very large values of $d=l_z$ and find that for $D = 20$ nm, J becomes very noisy and oscillates randomly for $(d=l_z) > 206$ nm, for which the variational parameter $\hbar\omega_z$ is 1.553 meV, corresponding to $c = 1.723$, which is similar to the 1D limit claimed above. However, at this point, $J \sim 10^{-14}$ meV, which bears no practical interest.

Note that in our calculations, we neglected effects of the spin-orbit interaction, which is measured and calculated to be ~ 0.2 meV in InAs QWQDs.^{3,28} This value is comparable to or larger than the exchange coupling calculated in this work for interdot separation greater than ~ 60 nm. As such, the spin-orbit interaction could play a significant role in determining the system energies, and in principle, should be taken into account for spin-qubit quantum computing applications.²⁹ Also, in this work we considered isotropic media; i.e., we assumed the constant value for ϵ in Coulomb interaction term in Eq. (3) because the electron densities are

localized by the confinement potential in a much smaller region of space than allowed by the geometric size of the wire (e.g., in Ref. 3, the effective wire diameter is estimated to be 18 nm for a nominal diameter of 50 nm).

V. CONCLUSION

By introducing variational parameters in the HL trial wave functions, we achieved lower energies of coupled QWQD system than those calculated by conventional HL method with the relative difference in the tunnel and exchange couplings exceeding 100%. As in coupled GaAs QDs based on 2DEG, tunnel and exchange couplings exhibit rapid decay with increasing interdot distance or barrier height. Due to the 3D nature of the system, increasing the confinement in the in-plane directions reduces the overlap of the two electrons in the coupling direction (along the wire), which results in the decrease in the exchange coupling. For QDs with different sizes, the addition energy of the second electron is found to be uniformly larger than the two-electron Coulomb interaction because of size quantization effects. By fitting the model potential to experimental parameters, we obtain exchange coupling in agreement with available experimental data. Experimental structures based on InAs QWQDs may benefit from the relatively large exchange coupling toward quantum computing applications.

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